



**CONSUMING OUR HEARTS  
FROM THE INSIDE OUT**

**GALATIANS 5:16-18**

<sup>16</sup> I say then, walk by the Spirit and you will not carry out the desire of the flesh. <sup>17</sup> For the flesh desires what is against the Spirit, and the Spirit desires what is against the flesh; these are opposed to each other, so that you don't do what you want. <sup>18</sup> But if you are led by the Spirit, you are not under the law.

--Galatians 5:16-18

# I. Because We Can't Lead Ourselves

I. Because We Can't Lead  
Ourselves

II. Because the Spirit  
Opposes the Flesh

I. Because We Can't Lead  
Ourselves

II. Because the Spirit  
Opposes the Flesh

III. Because Outward Living  
Does Not Affect the Heart